This care sheet aims to provide an abbreviated introduction to land hermit crab care for those who are interested in becoming owners. If you have hermit crabs already, please visit Hermit Crab Paradise’s ‘Crab Care’ section for more thorough explanations of land hermit crab care. If well cared for, hermit crabs can live for over 34 years in captivity, as demonstrated by Carol Ormes in the USA. Like humans, all pets ought to die of old age, rather than due to misunderstanding.

- Wild hermit crabs live in large colonies in warm, humid areas. Adopt at least two hermit crabs, so neither will feel lonely.
- Any water that you use for your hermit crabs (e.g. for drinking water and food preparation) must be treated with a de-chlorinator that removes chlorine, chloramines and heavy metals. However, distilled water does not require treatment.
- New hermit crabs should be bathed in de-chlorinated or distilled water before introducing them to the tank.
- Hermit crabs must be kept in a glass tank with a glass lid or PMMA lid, not a plastic carrier or a wire cage. The glass tank should be no smaller than 10 gallons big and can hold up to five small hermit crabs. The lid should almost cover the entire top of the tank, but has a small air hole or two to allow for air circulation. The lid is essential for holding in heat and humidity.
- Calibrate a thermometer and hygrometer and place them above the bedding where the crabs spend most of their time.
- Check the temperature with the calibrated thermometer. Hermit crabs produce almost no body heat as they are poikilothermic, so keep one end of the tank warm with a thermostat-controlled heat source. A Zoo Med ReptiTherm® Under Tank Heater works well for small tanks, while a ceramic heat emitter is also suitable for large tanks. The cool end of the tank should be at least 70°F, while the warm end of the tank should approximate 82°F. Incandescent bulbs may be used, but they will irritate the hermit crabs if they are constantly flicked on and off by the thermostat at night. Hermit crabs should not be exposed to bright light at night. Thermostats may seem expensive, but you will save money on electricity over time.
- Check the humidity with a calibrated hygrometer. Hermit crabs must keep their gills moist to breathe, so maintain the humidity in the tank between 75–85%. Mist the air inside the tank with de-chlorinated water to raise humidity levels. Do not spray the hermit crabs directly. Despite popular belief, avoid using wet sponges as they can house harmful bacteria and do not really help boost humidity. However, dry sea sponges may be offered as a beneficial snack.
- Pure coconut fiber (sold in compressed bricks) and smooth sand are ideal substrates for hermit crabs. Avoid sand that is contaminated with high amounts of tars and heavy metals. Some sands should also be washed to remove as much dust as possible. Also, do not use ‘hermit crab sand’ products, gravel, crushed coral, shell grit, wood shavings or shredded paper as bedding, since hermit crabs cannot molt safely in them. Coconut fiber must be kept moist with salt water, while sand can be used either moist or dry. The depth of the bedding should be at least five times the height of your largest hermit crab.
- You will need two separate water ponds and a food dish. Make sure that the hermit crabs can climb out of the dishes as they will drown if they cannot climb out of the water. Hermit crabs should have access to both fresh and salt water at all times. The water should be deep enough for most of your hermit crabs to be able to fully submerge themselves. Unless the ponds are filtered, change the water daily. Fresh food should be replaced daily, while dry food may be left for up to two days.
- Only use a brand of sea salt if it specifically states that it is designed for salt water fish. Do not use ‘hermit crab salt’, table salt, iodized salt or kitchen-grade sea salts. The salt water is ideally concentrated if a hydrometer (not to be confused with a hygrometer) gives specific gravity readings between 1.021–1.025 when immersed in the water at 77°F.
- Hermit crabs are omnivores and must eat both meat and plant matter. Ideally, fruits and vegetables should be organic, otherwise, wash the food thoroughly with water. Freeze-dried foods are suitable as long as they do not contain pesticides or preservatives. Meat should be free of seasoning and can be offered raw or lightly cooked with olive oil. Hermit crabs prefer spirulina, shrimp, cuttlebone, oak leaves, honey, coconut, carrots, apples, grapes and calendula. Replace uneaten food daily.
- Do not dig up any hermit crab that has buried itself. Hermit crabs will feel stressed and insecure if their privacy is violated.
- Hermit crabs must undergo a life-threatening process called molting to grow. Be careful not to mistake the shed exoskeleton for a dead body. Most hermit crabs will bury themselves for at least two weeks to molt. If your hermit crab molts on the surface, set up a glass or plastic barrier around the molter and its shed exoskeleton. Make sure that the other hermit crabs cannot dig under or climb over the barrier. Do not touch the molter or throw away the shed exoskeleton, as the molter needs to eat it to regain lost nutrients. Additional stress factors such as low humidity, bad substrate and malnutrition will almost certainly kill a molter. Stress symptoms include dropped limbs and abandonment of shells. Never wet a molter until it has fully hardened. Larger hermit crabs usually molt less frequently than smaller hermit crabs.
- Provide plenty of climbing and hiding toys for your hermit crabs. However, do not take your hermit crabs outdoors.
- Provide unpainted spare shells of different shapes and sizes for your hermit crabs to change into, as they will eventually outgrow the one that they are wearing. Shells should not have any holes in them as hermit crabs need to store water inside them. Paint is a health hazard and may cause molt-defects if ingested. Never attempt to pull a hermit crab out of its shell.
- Keep coniferous woods (e.g. pine), pesticide sprays, insect repellents, perfumes and deodorants away from hermit crabs.

This hermit crab care sheet is the American English Version 2.4. It was last updated on November 24 2013 by Wal with the help of many other members of Hermit Crab Paradise. For updates and more hermit crab care information, please visit www.hermmitcrabparadise.com.